
ALLERGEN FRIENDLY MENU

SNACKS & SHARING

Pork Sausage Roll, Hp Sauce
Cereals / Egg / Milk / Sulphites

Padron Peppers, Smoked Almonds & Sea Salt
Nuts

Tater Tots, Kimchi, Sriracha Mayo, Sesame & Crispy Onions
Mustard / Soya / Cereals / Sesame

Spicy Chicken Wings, Pineapple Hot Sauce & Blue Cheese Sauce
Cereals / Sulphites / Mustard / Soya / Milk / Egg / Celery

MAINS

Double Cheese Burger, Gherkins, Onions, Ketchup & French's Mustard
Cereals / Milk / Celery / Sulphites / Soya / Mustard
Add Maple Bacon - Sulphites

Moving Mountains Burger, Vegan Cheese, Gherkins, Onions, Ketchup & French's Mustard
Soya / Mustard / Cereals / Sulphites / Celery / Nuts / Peanuts

Spiced Fried Chicken Burger, Sriracha Mayo, Garlic Mayo & Asian Slaw
Cereals / Egg / Milk / Mustard / Soya / Sesame / Sulphites

Cauliflower, Aubergine, Pine Nut, Chickpea, Olive Oil & Lemon Stew with Flatbread
Sulphites / Nuts / Cereals

Cumberland Sausage Ring & Mash, Peas, Onion Gravy
Cereals / Milk / Sulphites

Vegetarian Sausages & Mash, Veggie Onion Gravy
Soya / Cereals / Milk

Fish & Chips, Crushed Peas, Tartare Sauce
Fish / Cereals / Milk / Sulphites / Soya / Egg / Mustard

FRIES

Skin On Fries
Soya

Truffle & Parmesan Fries
Soya / Milk / Egg

PUDS

Ice Cream Union Ice Cream & Sorbet
*Milk**

**Flavours change often, please check with
your server for specific allergen information*

IMPORTANT INFORMATION: All our food is prepared in a kitchen where nuts, gluten and other known allergens may be present. Please note we take caution to prevent cross-contamination, however, any product may contain traces as all menu items are produced in the same kitchen.
Our dish descriptions do not include all of the ingredients used to make the dish.

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SNACKS & SHARING

Pork Sausage Roll, Hp Sauce

Cereals / Eggs / Milk / Sulphites

Padron Peppers, Smoked Almonds & Sea Salt

Nuts

Tater Tots, Kimchi, Sriracha Mayo, Sesame & Crispy Onions

Mustard / Soya / Cereals / Sesame

Spicy Chicken Wings, Pineapple Hot Sauce & Blue Cheese Sauce

Cereals / Sulphites / Mustard / Soya / Milk / Eggs / Celery

SUNDAY MAINS

Roast Sirloin of Welsh Black Beef with all the Trimmings

Celery / Cereals / Eggs / Milk / Sulphites / Soya

½ Roast Free Range Chicken with all the Trimmings

Celery / Cereals / Eggs / Milk / Soya / Sulphites

Vegan Mushroom & Lentil Loaf with Vegan Trimmings

Celery / Soya / Sulphites

Aubergine & Mozzarella Bake with all the Trimmings

Celery / Cereals / Eggs / Milk / Soya / Sulphites

Cauliflower, Aubergine, Pine Nut, Chickpea, Olive Oil & Lemon Stew with Flatbread

Sulphites / Nuts / Cereals

Double Cheese Burger, Gherkins, Onions, Ketchup & French's Mustard

Cereals / Milk / Celery / Sulphites / Soya / Mustard

Add Maple Bacon - Sulphites

Moving Mountains Burger, Vegan Cheese, Gherkins, Onions, Ketchup & French's Mustard

Soya / Mustard / Cereals / Sulphites / Celery / Nuts / Peanuts

SIDES

Skin On Fries

Soya

Truffle & Parmesan Fries

Soya / Milk / Eggs

Broccoli, Leek & Cauliflower Cheese Bake

Cereals / Milk

Yorkshire Puddings & Spuds with Gravy

Cereals / Milk / Eggs / Sulphites

PUDS

Sticky Toffee Pudding, Salted Rum

Caramel & Vanilla Ice Cream

Sulphites / Milk / Eggs / Cereals

Apple & Pear Crumble, Almond & Oat
Topping served with Vanilla Ice Cream*

Cereals / Eggs / Milk* / Nuts

Ice Cream Union Ice Cream & Sorbet

Milk*

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